The necessity of domestic flights at business trips —
A theoretical and empirical study under the aspect of climate-friendly alternatives

Daniela Ludin, Professor, Heilbronn University of Applied Sciences
Wanja Wellbrock, Professor, Heilbronn University of Applied Sciences (corresponding author)
wanja.wellbrock@hs-heilbronn.de
+49 791 946 313 16
Ziegeleiweg 4,
74523 Schwäbisch Hall, Germany
Erika Müller, PhD Student, Heilbronn University of Applied Sciences
Wolfgang Gerstlberger, Professor, Tallinn University of Technology
Kristina Kljevkovic, B.A. candidate, Heilbronn University of Applied Sciences
Daniel Michel, B.A. candidate, Heilbronn University of Applied Sciences

Abstract
Airplanes, one of the most popular means of transport, have a major influence on greenhouse gas emissions in Germany. While air travel is indispensable for large distance traveling, there are more climate-friendly alternatives for short distances. Therefore, especially domestic flights, which are often used for business trips, should be considered critically. The question arises to what extent domestic flights are compatible with the corporate responsibility of companies and whether business-related domestic flights are necessary. Could they be replaced by more environmentally sustainable means of transport, e.g. by train? And if not, what are the reasons? Beyond that, the question arises why business trips within Germany are carried out at all and is it possible to fully replace a business trip by using alternative digital communication methods instead? The aim of the paper is to find out, to what extent domestic flights within Germany are necessary for business trips, especially under the aspect of sustainability. It will be determined whether the aspect of sustainability plays a role in the decision-making process at all. Furthermore, this paper aims to find out why business travelers choose to travel by airplane and whether greener, more sustainable means of transport are an appropriate alternative. Another objective is to find out why business trips within Germany are carried out at all and if they can be replaced by digital communication methods. Business travelers at Stuttgart Airport are used as a valid sample.

1 Introduction
1.1 Problem and relevance
Climate neutrality by 2050 for Europe. This is the goal that the European Union set themselves at the EU conference, which took place in December 2019 in Brussels. As a result of the EU summit’s decision, any greenhouse gas emissions are now to be either compensated, stored or avoided. Airplanes, one of the most popular means of transport, have a major influence on green-house gas emissions in Germany. While air travel is an indispensable means of transport for distant destinations, there are more climate-friendly alternatives for short distances. Among the aspects mentioned at the beginning, especially domestic German flights should be considered critically, which are often used for business trips by companies as well as by private consumers.

1.2 Objectives
The aim of this paper is to find out, to what extent domestic flights within Germany are necessary for business trips, especially under the aspect of sustainability. It will be determined whether the aspect of sustainability plays a role in the decision-making process at all. Furthermore, this paper aims to find out why business travelers choose to travel by airplane and whether greener, more sustainable means of transport are an appropriate alternative. Moreover, this paper aims to find out why business trips within Germany are carried out at all and if they can be replaced by digital communication methods.

2 Methodology
2.1 Research-leading questions
Based on the theoretical findings, concrete questions were developed, which guide the empirical investigation of the following study. The research-leading questions, shown in Table 1, form the basis for the areas that are relevant to the study. They were answered in the course of this paper to give factual and content-related precise statements.

Table 1: Research leading questions, source: own illustration

<table>
<thead>
<tr>
<th>Nr.</th>
<th>Research-leading questions</th>
<th>Chapter</th>
<th>Methodology</th>
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<td></td>
<td><strong>Sustainability sciences</strong></td>
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<td>1</td>
<td>What does sustainability mean?</td>
<td>3</td>
<td>Literature</td>
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<td>2</td>
<td>What is CO2 neutrality and CO2 compensation?</td>
<td>3</td>
<td>Literature</td>
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<td>3</td>
<td>To what extent have environmental aspects played a role in the decision process regarding the transportation of a domestic business trip?</td>
<td>5</td>
<td>Survey</td>
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<td>4</td>
<td>Does the topic of CO2 compensation already play a role in companies?</td>
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<td><strong>Sustainable mobility</strong></td>
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<td>What is meant by sustainable mobility?</td>
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<td>Literature</td>
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<td>6</td>
<td>What are sustainable means of transport for business trips?</td>
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<td>Literature</td>
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<td>7</td>
<td>Why do domestic business travelers use the airplane as a transport means?</td>
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<td>Survey</td>
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<td><strong>Organizational communication</strong></td>
<td></td>
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<td>8</td>
<td>What is a business trip?</td>
<td>3</td>
<td>Literature</td>
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<td>9</td>
<td>What are the reasons for business trips in companies?</td>
<td>3</td>
<td>Literature</td>
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<tr>
<td>10</td>
<td>How do business trips contribute to organizational communication?</td>
<td>3</td>
<td>Literature</td>
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<td>11</td>
<td>What is the reason for companies to conduct business trips in Germany?</td>
<td>5</td>
<td>Survey</td>
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<td>12</td>
<td>Which alternative communication options could replace a business trip?</td>
<td>5</td>
<td>Survey</td>
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2.2 Methodological approach
A methodological approach involves the empirical examination of theoretical hypotheses.
This includes the way research instruments are used. A distinction is also made between primary and secondary research.\(^3\) Within the scope of primary research, data was collected, analyzed and interpreted for the first time for an existing object of investigation. In the secondary analysis, data records from already existing information sources were collected and processed.\(^4\) In order to achieve the defined goals from chapter 1.2, literature analysis (chapter 2.2.1), as well as survey (chapter 2.2.2) were considered as methodical procedures in the present study. While the literature analysis belongs to secondary research, the survey classifies as primary research.

### 2.2.1 Literature analysis

Meticulous scientific studies are based on thorough research of the relevant literature. The aim here is to get to know and describe the current state of research and to develop a theoretical background for the study. A critical review of the current state of research as well as of the theoretical background is insofar essential in order to systematically derive and conclusively justify appropriate research questions.\(^5\) The literature research started with the categorization of the topic into its respective scientific fields. Subsequently, scientific articles published in peer-reviewed journals concerning the scientific fields were analyzed to determine the current state of knowledge.

### 2.2.2 Survey

This study is based on a survey of business travelers at the airport in Stuttgart, Germany. A survey means a communication between two or more persons. Verbal questions evoke verbal answers. An individual's answer relates to what he or she has experienced and remembered during social events and represents individual opinions and judgements.\(^6\)

Since business travelers have been surveyed at the airport in Stuttgart, it was already assumed before that the respondents would only have a limited amount of time available at the survey location. Accordingly, the respondents received a link to an online questionnaire, which can be filled out during the waiting time. This link was shared by using a so-called Quick Response Code, abbreviated as QR-Code. The benefit of this approach is that the user can visit a specific desired website in a very simple and efficient way. The QR-Code consists of a square matrix containing data. These data can be read out using a software program. By having the reader, e.g. a smartphone, point at the code and scan it, the software can decode the code and the user is redirected to the corresponding website behind the code. The main advantage is that the error-prone and time-consuming typing of a web address can thus be avoided.\(^7\) Using the QR Code is aimed to minimize the time expenditure of the respondents and thus to maximize the response rate.

The survey was conducted with a standardized survey questionnaire. Answers are grouped into categories in order to make them comparable. The categorization of the answers can be done before the interview or afterwards. If the answer categories are defined in advance, they can be submitted simultaneously to the respondents in the case of a self-contained question.\(^8\) Comparability is the reason for choosing the standardized

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\(^3\) Peter Atteslander, *Methoden der empirischen Sozialforschung* (Berlin: Erich Schmidt, 2010), 49.


\(^5\) Nicole Döring and Jürgen Bortz, *Forschungsmethoden und Evaluation in den Sozial- und Humanwissenschaften* (Berlin/Heidelberg: Springer, 2016), 158.


\(^8\) Peter Atteslander, *Methoden der empirischen Sozialforschung* (Berlin: Erich Schmidt, 2010), 144.
questionnaire. For the same reason, mainly self-contained questions are used in this survey.

3 Theoretical foundations
3.1 Classification into scientific fields
Science is a systematic exploration, collection and evaluation of knowledge. In order to discuss a generally valid definition for a specific scientific field, interdisciplinary exchange processes take place worldwide. This paper, which deals with the necessity of domestic flights at business trips, includes the fields of sustainability sciences, sustainable mobility and organizational communication (Figure 1).

![Figure 1: Classification into scientific fields, Source: own illustration](image)

3.2 Sustainability sciences
The term sustainability originally stems from the field of forestry. According to this, sustainable forest management is based on felling only as much wood as can be harvested in one year, so that a constant and consistent amount of wood can be harvested again to ensure that the forest is preserved and can be managed over a sustained period. From a political perspective, a definition from the Brundtland Report of 1987 is considered. It implies that sustainable development meets the needs of the present without compromising the ability of future generations to meet their own needs.

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9 Helmut Balzert et al., Wissenschaftliches Arbeiten. Wissenschaft, Quellen, Artefakte, Organisation, Präsentation (Herdecke/Witten: W3L Verlag, 2010), 5.
The science of sustainability is based on three dimensions, which are equally weighted within the model: economy, ecology and social issues. These pillars of sustainability should be seen as autonomous but interlinked subsystems, which form together the basis for the satisfaction of human needs. Consequently, a society can be threatened by economic, ecological or social risks. The ecological dimension includes the natural environment. Conservation of resources, reduction of air, water and soil pollution, climate protection and the preservation of biodiversity are the central objectives to protect the environment. For instance, the ecological goal of resource conservation can only be achieved, if the degradation or depletion rate of renewable resources does not exceed their regeneration rate. Social sustainability is based on the fundamental social norms of justice, security and peace in order to protect people as well as the environment. Its central objectives are to combat poverty, oppression and exploitation, to improve education and training for everyone in the society, to protect and promote human health and to avert discrimination. The purpose of economics is to maintain and secure competitive market functions on a long-term basis. This means that a society should not live economically beyond its means in order to not burden future generations. Society is in a state of upheaval, which is addressed directly to politics. Therefore, the German government has set challenging and ambitious objectives: Greenhouse gas emissions are to be reduced by 40% until 2020 and by 55% until 2030. The transportation sector is one of the main sources responsible for greenhouse gas emissions. 24% of global energy-related CO2 emissions come from the transport sector. In order to limit these emissions, the European aviation sector is required to participate in the European Emissions Trading Scheme since January 1, 2012. This affects all airlines that take off or land on this continent. Due to the current climate discussions, the economy has also set itself the goal of becoming more climate neutral. CO2 describes the chemical structural formula for carbon dioxide, which is a gas occurring in nature and is harmless to humans and animals in low concentrations and is even necessary, e.g. for the photosynthesis of plants. A distinction must be made here between gas formed by technical processes, also known as greenhouse gas, which in large quantities cannot be neutralized by nature. Nevertheless, the term CO2-neutrality is used in an inflationary way, as there is neither a clear definition nor clear targets for politics or companies. In the context of CO2 neutrality in companies, greenhouse gas emissions are compensated by internal or external measures. External measures include, for example, regular financial support for climate protection projects, which have no link to the company itself. Internal measures are taken where the company can influence internal investment decisions in terms of sustainability.

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3.3 Sustainable mobility

The concept of sustainable mobility underlies no clear definition. The scientific field of transport science will be used as a basis for deriving the research area of sustainable mobility. The science of transport is based on the concepts of transport and mobility. Within the field of transport science, transport is defined as the movement of people and goods. The literature distinguishes between freight and passenger transport. While freight transport arises from the spatial division of labor, passenger transport is a result of the human need for mobility. Both types of transport are organized by linking modes of transport, means of transport and transport stations with the help of traffic routes and different types of transport. In the literature, rail, road, shipping and air are defined as the most classical modes of transport. Means of transport are transport objects (train, plane, ship), which are capable of transporting people and goods by water, on land, in the air and in space. In combination with the transport route, the traffic stations form the transport infrastructure. A well-developed and organized transport infrastructure is the prerequisite for the physical movement of goods and people.

A difference must be made between transport and the term "mobility". In general, mobility is understood as the movement of persons or goods between the subsets of a system. In the context of spatial mobility, a location defines the subset and space of the system. Accordingly, spatial mobility involves the change between at least two locations and manifests itself in a physical overcoming of space. Overcoming space requires time, so the time component must also be considered in the mobility concept.

The principle of sustainable mobility is to ensure the mobility of people and goods in such a way, that the volume of traffic does not place an excessive burden on people and the functioning of the environmental budget. The objectives of sustainable mobility are to meet the mobility needs of broad sections of the population and disadvantaged groups in the existing transport system but to design it in an environmentally compatible manner. Disadvantaged population groups are defined by the fact that certain groups of people are severely restricted in their mobility due to their physical location. Included are for example children in cities or elderly people in rural regions. But society's demand for constant mobility leads to a direct impact on the environment and society itself. Social burdens include noise as well as an overuse of land. The high amount of energy needed to drive means of transport and the associated air pollution lead to increased environmental pollution. The overburdening of traffic and the associated lack of safety are classified in the literature as socioeconomic burdens. Thereby, according to the WHO, air pollution is defined as the contamination of indoor and outdoor air inhaled by humans through chemical, biological or physical pollutants. These can have a direct impact on the

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cardiovascular system as well as the respiratory tract. Moreover, in 2013, the International Cancer Research Centre of the WHO classified pollution of the outside air as carcinogenic. Main sources are agriculture, energy, industry, trade, waste management and transport. In order to reduce pollutant emissions from modes of transport, federal states and local authorities want to improve public transport in urban areas as well as the infrastructure needed for pedestrians, cyclists and rail traffic between the cities. Emissions of greenhouse gases from trains and airplanes result from different energy sources. While high-speed trains today are already electrically powered, airplanes use kerosene as their engine fuel. Consequently, airplanes emit considerably more pollutants into the outside air in the form of CO2 than battery-powered electric trains. There is currently no optimal way to make air transport sustainable. It is estimated that battery-powered airplanes will not be feasible by 2050. Environmentally friendly alternatives for energy production are hydrogen and biofuel. Since the energy density of hydrogen is too low which would lead to significant safety problems, the actual strategy in air transportation is focused on biofuel. Current problems here are the scarce supply of renewable resources.

3.4 Organizational communication

The scientific field of organizational communication has developed from the interface between organizational research and communication science and focuses on internal and external communication processes. Within organizational communication, the participants act in their role as members or representatives in the interest of their organization. The processes of organizational communication are to be considered on the micro-, meso- and macro-level: At the micro-level, the focus is on the communication between individuals or departments (internal communication). The meso-level deals with the communication between individual departments of an organization (internal communication) or other organizations (external communication). In contrast, the macro level refers to the communication processes between organizations and their social environment (external communication).

In order to be able to operate in their business field in the long term, globally active organizations must have optimum control of internal communication between the various locations of their own company as well as communication with external business partners, e.g. with customers or suppliers. One of the main reasons for the growing need for communication with third parties is increasing globalization. Nowadays, geographically distant business partners and project teams are part of everyday business life. Cross-location departments, increasingly flattening hierarchies and the growing independence and self-empowerment of employees are key reasons for the necessity of a barrier-free internal communication.

One channel for organizational communication are business trips. A business trip is defined as a work-related trip to an irregular place of work and serves the purpose of, e.g., strengthening business relations with key customers, acquiring new customers, conducting negotiations with suppliers, participating in internal company conferences or

attending an industry-specific trade fair in the capacity of a consultant or representative. Business trips form an important channel of communication within organizations, since they have the advantage of direct and personal contact. Alternative communication channels are inter-based information and communication technologies, commonly known as ICT. The data exchange here takes place via a suitable IT infrastructure and can replace business trips and thus face-to-face communication. Common types of ICT are e-mail, telephone or video conferencing. Especially video conferences, which enable digital face-to-face communication, can significantly reduce the number of business trips. Next to costs and time savings for a company and its employees, ICT can also contribute significantly to the reduction of CO2 emissions. Because of the growing general environmental public awareness and its impact on a company's image, reducing CO2 emissions is becoming increasingly important for the strategic and operational planning of a company.

4 Empirical research
4.1 Description of the research area and research subject
As part of the survey, business travelers on a domestic flight were interviewed at Manfred Rommel Airport in Stuttgart. With its airport STR sustainability strategy, the airport company itself has set the goal to reduce greenhouse gas emissions by 50% by 2030 compared to 1990. By 2050, airport operations should be completely climate neutral. First measures are the use of electric vehicles within the airport grounds and the reduction of aircraft taxiing times between the runway and the landing strip in order to keep CO2 emissions as low as possible. In the first year, 740 tons of CO2 were saved. In addition, Stuttgart Airport promotes research into electric aircrafts. The airport is a suitable location for the study, not only from the sustainability aspect, but also because of the approximately 30,000 daily passengers in civil air traffic. The survey took place on 25th November 2019 between 05:30 and 10 am. Based on the assumption that many business travelers will be encountered on a Monday morning, this survey period was deliberately defined. Beforehand, participants were filtered by their individual reason for traveling and their destination. The criteria “business trip” and a “destination airport within Germany” qualified people to participate in the survey. Subsequently, the qualified participants were presented with a handout providing the essential information on the survey topic, names of the interviewing students, link in text form as well as a QR code to the questionnaire (see Annex 1). The aim was to make the survey time-efficient and comfortable for the respondents. Totally, 20 business travelers took part in the survey.

The complete questionnaire can be found in Appendix 2.

4.2 Results from sustainability sciences

In the context of sustainability sciences, the interviewees were first asked about the importance of sustainability in their companies (Figure 2). The respondents had the possibility to choose between low, medium, high and very high. Most respondents stated that the importance of sustainability is high in their company. 14 of the 20 respondents stated that they work in companies where sustainability is a high or even very high priority. Five of the interviewees have indicated the expression "medium". Only one respondent stated that he or she was employed in a company where the issue of sustainability plays a minor role. This result could be due to the increasing relevance of sustainability in the economy and society. Whether and to what extent the aspect of sustainability is anchored in the corporate strategy is not comprehensible within this study due to the anonymity of this question.

The following question "Did the aspect of sustainability play a role in the selection of the transport route" could be answered with the answer options "Yes" and "No" (Figure 3).
Respondents were also given the opportunity to justify the answer. 85% of the respondents stated that the aspect of sustainability did not play a role in the selection of the transport route. As justification, two respondents stated that it did not play a role due to a lack of alternatives. One business traveler stated that travel time was much more important than the sustainability aspect. The aspect of sustainability had an influence on the choice of the transport route for only 15% of the respondents. When comparing these results with those of the first question, an inconsistency was found in the answers. Although most of the respondents are employed in companies where sustainability is a high priority, the sustainability aspect only plays a role in the decision-making process of transport selection for three participants. This finding could be an indication that the sustainable business trips are currently not yet the top priority in companies regarding sustainability efforts.

![Figure 4: CO2 compensation of air travel in companies, source: own illustration](image)

In the context of sustainability, the business travelers were also asked whether their company offers the possibility of carbon offsetting flights (Figure 4). Only 20% of the respondents mentioned that their companies offer the possibility of CO2 offsetting of business flights. This indicates that CO2 offsetting in companies does not play a major role yet, as most companies do not offset flights. Although sustainability plays an important role for most companies, they do not compensate for environmentally harmful domestic business flights.

### 4.3 Results from sustainable mobility

![Figure 5: Destination airports for domestic business trips departing from Stuttgart, source: own illustration](image)
The question regarding the destination airport was the initial question of the questionnaire (Figure 5). It turned out that about two-thirds of the destination airports were more than 500 km away from the survey location Stuttgart. This includes the German cities of Berlin and Hamburg. One participant each flew to Düsseldorf (> 400 km) and Bremen (> 600 km). This might indicate that air travel is the favoured means of transport, especially for destinations situated geographically far away from Stuttgart. This would also confirm the respondent's statement that the time factor is more important than sustainability aspects. Further destination airports mentioned were Dubai, Bucharest and Zagreb. Since the respondents were prefILTERED as described in chapter 4.1, the respondents should be business travelers on a domestic business trip. It is assumed that these business travelers make a stopover in the domestic country in order to subsequently take a connecting flight to Dubai, Bucharest or Zagreb.

Business travelers were also asked about their main reasons for choosing air travel (Figure 6). Choice was possible between the options "cost", "travel time", "comfort" and "reliability of the means of transport". All selectable factors were mentioned as a reason for the choice of air transport. It became apparent, however, that the time factor was the main decisive factor for choosing the plane, as 95% of the respondents have mentioned it. So, business travelers were opting for the airplane because of the shorter travel time. This result is in line with the respondent's reasoning for Figure 4, which states that travel time is significantly more important than sustainability aspects. Surprisingly, costs played almost no role in the selection of the means of transport. This result contrasts with the decision-making behavior of private consumers. A study by British Airways has shown that the price is the most important factor for global consumers when choosing a short-haul flight. The comfort of the means of transport is even more important for business travelers than the costs. Additionally, the reliability of the means of transport was important to business travelers. Just under 50% of those surveyed cited this as the reason for choosing air travel. Alternative transport options like the train could not, according to the results, offer the degree of reliability that the aircraft can. Assumingly, reliability includes punctuality of departure and arrival or the cancellation rate of the means of transport.

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Whether the railway was a possible alternative in the selection of the means of transport was questioned afterwards (Figure 7). 75% of the respondents stated that the railway was not an alternative. As a reason, 55% of the respondents said that the travel time was too long. Other reasons given were unreliability, unfavorable departure times and establishment of the airplane. If one compares the result with the reasons for choosing air travel as a means of transport, it can be assumed that rail is not an alternative to air travel due to the longer travel time and greater unreliability.

4.4 Results from organizational communication

Asking for the reason for the business trip served to find out what the reason for business travel is within Germany (Figure 8). Respondents had the choice between "customer visit", "trade fair or conference", "internal company meeting or visit to a company location of their own company". Additionally, respondents had the opportunity to state another reason for travel. 40% of the respondents and thus the majority stated the reason "customer visit". 35% of the respondents justified the business trip by physically attending an internal company meeting or visiting a company location. Visits to trade fairs or conferences did
not play a role for participants in this survey. Other responses included visits to suppliers, workshop participation and cooperation in an international development team as well as networking. During a customer or supplier visit, external stakeholders are met, which is why personal contact is important and therefore a business trip seems necessary. However, the necessity of a business trip could be debated for the 35% of business travelers who were on their way due to an internal company meeting.

![Pie chart showing 95% no and 5% yes for the question: Could information and communication technologies (Skype, video call, etc.) be a substitute for business travel?](image-url)

*Figure 9: Substitution of business travel by information and communication technologies, source: own illustration*

Whether domestic business travel could have been replaced by information and communication technologies (ICT) was examined with the question shown in Figure 9. 95% of the respondents state that information and communication technologies could not have replaced business travel. Again, the respondents had the opportunity to justify their answers. Two categories were identified in the evaluation of the answers: The complexity of the topic and the personal aspect.

In the first step, the complexity of the topic is addressed. It turned out that ICT, like video conferencing, are generally only suitable for routine appointments, i.e. for recurring issues. The statement of a second participant, who cited the planning of customer-specific events and networking events as reason for his domestic flight, was also subject to this argumentation. In the course of this survey, it was also stated that virtual meetings were less appropriate for reasons of complexity.

If one illuminates the second category, the personality aspect, the results show that face-to-face communication was of great importance for the respondents. Especially in team development measures, critical internal meetings, presentations to the management as well as customer visits or workshops, the human component, according to the respondents, is essential and cannot be replaced by information and communication technologies.

5 Summary and outlook

5.1 Summary

Within the framework of the empirical study, the results of the survey at Manfred Rommel Airport in Stuttgart were processed, analyzed and interpreted. It was determined that the sustainability aspects have a high priority in companies but seem to be not sufficiently anchored in corporate decision-making processes concerning business trips. It was also found that business travelers choose to travel by air mainly because of the shorter travel
time and therefore rail is not an alternative at present. Furthermore, it was found that the reasons for business travel were mainly customer visits, internal company meetings and visits to suppliers. Due to the complexity of the topics and the personal aspects, information and communication technologies are no alternative to business trips.

5.2 Discussion and conclusion
Society is in a state of change and awareness of sustainable action is increasing. Organizations play a special role in this debate, as they have a corporate responsibility towards environment and society. However, business trip decisions are often made for reasons of efficiency and comfort at the expense of the environment. After all, 20% of those surveyed stated that they are employed in companies in which the possibility of offsetting air travel through CO2 offsetting exists. However, it would have been necessary to find out which measures are used to offset CO2 emissions in the respective companies. In addition, the question in Figure 8 whether the railway would have been a possible alternative means of transport was formulated too imprecisely in the survey. It was not considered in the preparation of the questionnaire that business travelers will continue to fly to a foreign destination airport via a stopover in the domestic country. In order to obtain the desired results, it would have been useful to include the additional remark "Please indicate the domestic intermediate airport" in this question. Nevertheless, a representative statement could also be made here. Business trips within Germany are mostly carried out if the destination is more than 400 km away from the starting point.

5.3 Outlook and suggestions for further research
Shorter travel times and the reliability of the means of transport are the main reasons for choosing air travel for business trips within Germany. As the more environmentally friendly transport option rail in its current form is not a real alternative to air transport in the opinion of respondents, it should be made faster and more reliable in order to make it an attractive solution from a business perspective. In addition, business travel by intercity bus could be tested as a viable alternative to domestic flights. It would also be interesting to do research on how the corona pandemic has altered business trip policies in companies, if ICT measures are going to replace business trips in the long-term and what kind of innovative methods or technologies could be used for both internal and external communication.

References:


